

# Nutrition and Food Service Management: Subject Guide

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## BOOKS

Use the **Search the Library Catalogue** link to find books on your topic. Search by author, title, subject heading or keyword(s). Alternatively, if you are using the "Search Everything" box, limit your search to books only by checking off "Book" and/or "E Book" under Content Type on the left hand side of the page. You can then choose an appropriate subject heading if needed.

Some suggested subject headings: *Nutrition; Food Service; Food Service Management; Hospitals - Food service; Health Facilities - Food Service; Food Service – Accounting; Quantity Cookery; Purchasing; Dietetics; Diet therapy*

### Selected Reference Materials

Reference works are useful for finding quick facts, definitions, and overview articles about a topic. Look for call numbers beginning with REF in the Reference Section.

<i>Encyclopedia of Human Nutrition, 3<sup>rd</sup> edition</i>	(available online)
<i>Handbook of Nutrition and Food</i>	REF QP141 H345 2014
<i>Manual of Clinical Dietetics</i>	RM 216 M3 2000
<i>Encyclopedia of Food and Culture</i>	REF GT 2850 E53 2003
<i>The Oxford Companion to Food</i>	REF TX 349 D36 2006

## AUDIOVISUAL MATERIALS

Use the **Search the Library Catalogue** link to find videos and DVDs. In the advanced search mode, change the drop down menu in the Format box to "Audio visual material" and search by keyword, title or subject. Streamed video collections can also found through the **Video/DVD Search Options** link in the "Start your Research box."

## PERIODICALS

Periodicals (newspapers, magazines, trade publications and journals) contain the most current knowledge available on a subject; articles in them will provide state-of-the-art, timely and focused information. New research in a field will appear in journals (scholarly periodicals) before it is published in books. Upcoming trends and new practices in an industry can be found in the industry's trade publications (professional periodicals).

The following periodicals in food and nutrition management are available in print format:

### Nutrition

*Nutrition Today*

### Food Service (trade publication)

*Foodservice and Hospitality* (recent, selected articles available at <http://www.foodserviceworld.com/foodservice-and-hospitality-mag/digital-issue.html>)

In addition to the above publications, the library subscribes to nursing and other health science periodicals that will also contain articles on nutrition and health. Find all periodicals available at Centennial in both in print and electronic format, under the **Journals (Full Text)** link.

## E- RESOURCES

Electronic resources include bibliographic and full-text periodical databases, online books and reference books.

**To access the Library's electronic resources:**

- 1) go to **library.centennialcollege.ca**
- 2) click on the **E-Resources & E-books** link in the "Start Your Research" section
- 3) select your subject area (for example, **Health Sciences**)
- 4) click on the database you want to search
  - if you are at home (outside the College) you will see a log-in screen:
  - 5) type in your student number and your PIN (last 4 numbers of your student number)
  - 6) click on "sign in"

### Full Text Periodical Databases

The following databases contain selected full text and full image articles from a wide variety of subjects. They include articles from nutrition, food service, and health science periodicals. Full text article databases can be searched individually or simultaneously using the **Search Everything** box.

CINAHL Plus with Full Text  
Nursing & Allied Health Source  
ScienceDirect College Edition: Health and Life Sciences  
Business Source Complete  
Culinary Arts Collection  
CBCA (Canadian Business and Current Affairs) – both Reference & Current Events and Business databases  
Canadian Reference Centre  
Research Library

To search for relevant articles in online databases type in your words or phrases linked with an "**and**," for example:

hospitals **and** food services

nutrition **and** diabetes **and** management

to find articles that contain two or more concepts.

### SEARCH EVERYTHING

The search box in **Start Your Research** will search all of the Library's resources, both paper and digital.

The system provides Google-like searching with results ranging from books and e-books, journals and e-journals, newspapers, articles, research databases, and library subject guides.

Please remember to refine your search using the criteria on the left hand side of your search results page, for example, journal article (or trade publication or book) under **Content Type** rather than any format. You can further refine your results to scholarly, peer reviewed, articles and/or items with full text online and also limit by **date** to recent material only. You can obtain more precise results by checking off a subject heading in the **Subject Terms** section.

This search box is useful as a starting tool to lead you to the Library resources most suitable for your subject. Try the **recommended e-resources** listed at the top of your search results

### INTERNET

*Health Canada*

[www.hc-sc.gc.ca](http://www.hc-sc.gc.ca)

*Dietitians of Canada*

[www.dietitians.ca](http://www.dietitians.ca)

*Academy of Nutrition and Dietetics (U.S.)*

[www.eatright.org](http://www.eatright.org)

*Food and Nutrition Information Center*

[fnic.nal.usda.gov](http://fnic.nal.usda.gov)

*American Journal of Clinical Nutrition*

[www.ajcn.org](http://www.ajcn.org)

(articles from this journal, except the most recent 12 months, are freely available in the Archives)